

Easy Camping Lists - One person camping list

Packing

- Backpack / Main bag
- Bags - Tent bag, plastic bags, etc.
- Day pack / small rucksack

Shelter

- Tent
- Ground cloth/tarp
- Extra tent pegs
- Mallet

Bedding

- Sleeping bag
- Pillow (or pillowcase)
- Air mattress/sleeping mat
- Air pump (if necessary)

Lighting - Check batteries!

- Hand torch
- Head torch
- Spare batteries
- Lantern
- Lighter (as in cigarette)
- Matches (preferably water proof)
- Caribina (to hang lantern up)

Clothes

- Shoes/boots
- Trousers
- Shorts
- T-shirts
- Socks/extra socks
- Hat
- Sweatshirt/jacket
- Underwear
- Sleep clothes
- Rain gear
- Swim suit/towel
- Laundry bag

Cooking / Cleaning

- Water Carrier
- Stove
- Fuel for stove
- Dust pan/brush
- Matches/lighter
- Mug, Bowl, Plate
- Knife, fork, spoon, teaspoon
- Frying pan
- Pans with lids
- Food containers
- Cooking oil
- Sharp knife
- Cook utensils-spatula, spoon
- Tongs
- Can opener/bottle opener
- Paper towels
- Rubbish bags
- Washing up liquid
- Cutting board
- Ziplock bags
- Dish Cloth
- Tea Towel
- Seasoning
- Tea / Coffee / sugar / milk
- Thermos?

Medical

- First Aid Kit
- Insect Repellent - Spray
- Suntan Lotion
- Pocket Tissues
- Anti Bacterial lotion
- Hand wipes

Cleaning and Personal Items

- Toilet Paper (essential)
- Soap
- Flannel
- Shampoo
- Toothpaste and toothbrush
- Comb/hair brush/clips/bands
- Make-up bag (if necessary)
- Razor and shaving cream (if necessary)
- Towel
- Deoderant
- Shower shoes/flip flops
- Sunscreen/chapstick

Miscellaneous

- Maps/directions
- Whistle
- Swiss army knife / multitool
- Radio
- Camp chairs
- Sunglasses
- Saw/axe
- Maps/guidebooks
- Binoculars
- Camera
- Rope/clothes line
- Notepad/pen
- Phone/charger/extra battery
- Small shovel
- Money/ID/credit card/change
- Small sewing kit
- Scissors
- Watch